



## Aboriginal Acute Care Coordination Team (AACCT)

The AACCT program aims to provide advocacy and health education to help improve the journey of Aboriginal people living within the Metropolitan area. This service is available when patients are admitted to Royal Perth Hospital (RPH) and are discharged with an acute condition.

If you would like to have a yarn with an AACCT staff member, please ask one of the Aboriginal Health Liaison Officers or nursing staff to give them your details. Or you can contact:

### **AACCT staff member:**

Coordinator - Renee Van De Berg: 0466 363 943

Care Coordinator - Louise Tucker: 0466 024 181

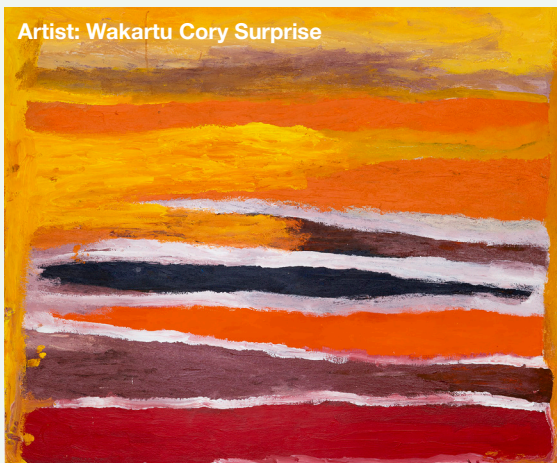
Care Coordinator - Tarnee Tester: 0466 348 856

Care Coordinator - Deborah Jacobs: 0466 012 032



When I paint, I think about my country, and where I have been travelling across that country. I think about my people, the old people and what they told me, and Jumangkarni [Dreamtime].

Artist: Wakartu Cory Surprise





# Differences between an Acute and Chronic Condition

## Acute Condition

An acute health problem is something that usually begins suddenly and you need treatment to get well. This could include an infection or a broken bone. Acute conditions normally have a single cause, are often easily diagnosed, last for a short time, and can get better with medication surgery, rest and time. Most people with an acute illness are cured and return to normal health.

## Chronic Condition

A chronic condition is a long term health condition that you have to self-manage. There may be more than one cause and it is often difficult to diagnose. Some causes of chronic conditions are out of our control such as hereditary disease or the environment. Other causes like lifestyle choices, smoking, drinking too much alcohol, lack of exercise, poor diet and stress are within our control. Unlike acute conditions where full recovery is expected, chronic conditions may lead to more symptoms and can last a lot longer.

**Healthy People, Amazing Care**  
Koorda Moort, Moorditj Kwabadak

*We respectfully acknowledge the past and present traditional owners of this land, the Wadjuk people of the Noongar Nation.*



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