



Dietitian

- › assesses and provides advice, education and support for you on any nutrition and diet related issues impacting on your rehabilitation

Doctor

- › identifies and treats issues that will enable you to meet your rehabilitation goals/priorities
- › liaises with your General Practitioner (GP) to address any unrelated medical issues

Note: your own GP will remain in charge of your care. You will need to contact your GP directly if you are in need of medical attention.

Nurse

- › provides a whole of health approach
- › conducts various assessments based on your needs

Occupational Therapist

- › assesses and provides treatment to maximise your performance and participation in everyday tasks (e.g. self care, domestic tasks, cognitive skills and upper limb use)
- › assesses need for aids and equipment to enable independence

Physiotherapist

- › assesses your mobility, strength, balance and fitness
- › provides treatment aimed at improving safety with mobility and functioning

Social Worker

- › provides emotional support and advocacy to assist you and your carer/s to adjust to your current situation
- › offers practical support and information to access community resources

Speech Pathologist

- › assesses and develops treatment programs to improve swallowing, speaking, understanding, reading and/or writing

Therapy Assistant

- › provides support and supervises exercises as referred by the team
- › facilitates group work

Triage Officer

- › Reviews referrals to Community Rehabilitation and triages to appropriate clinic noting urgency of referral
- › Coordinates multidisciplinary team meetings

Group Work

The Community Rehabilitation team provides a range of group based activities. Your therapist will refer you to these groups if these are appropriate to your rehabilitation goals.

Compliments and complaints

Your feedback is valued and will help us improve and strengthen our services. If you have a question or would like to provide us with feedback, please contact the RPBG Consumer Engagement Unit Liaison on (08) 9224 1637.

You can also complete a Customer Feedback Form which is available in all wards and departments. Please ask staff for assistance if required.



Community Rehabilitation



Contact us

Community Rehabilitation
Bentley Health Service
18 – 56 Mills St
Bentley WA 6102

Community Rehabilitation Reception:
Phone: (08) 9416 3762
Fax: (08) 9416 3688



About Community Rehabilitation

The Community Rehabilitation service provides rehabilitative therapy to clients aged 16 years and older living in the designated East Metropolitan Health Service/Bentley Health Service catchment area.

This service is focused on helping you to meet your rehabilitation goals within a set timeframe. We will work with you to regain or retain certain physical and cognitive abilities to improve your quality of life and participation within your family and community.

Core services offered by Community Rehabilitation include:

- › Amputee rehabilitation
- › Falls and mobility
- › General deconditioning
- › Geriatric rehabilitation
- › Stroke and Neurological rehabilitation
- › Trauma and Orthopaedic rehabilitation
- › Parkinson's Disease services
- › Pulmonary rehabilitation
- › Cardiac rehabilitation
- › Spinal rehabilitation
- › Rheumatology rehabilitation

These core services may change over time as the Community Rehabilitation service develops.

Your journey with us



This service can be provided at either:

- › D Block Community Rehabilitation at Bentley Health Service
- › Your home (in special circumstances)

If required you may be referred to other services at Bentley. These may include:

- › Aged Care Assessment Team (ACAT)
- › Continence (Nurse/Physiotherapist)
- › Memory and Cognition clinic
- › Mental Health
- › Podiatry

Once you have completed your rehabilitation program with us, we will link you in with other community services if you require further support.

What to expect

- › You will be actively involved in identifying your rehabilitation goals/priorities. Please bring some ideas to your appointments.
- › During your time with us you will usually be seen by more than one health professional. To ensure the care you receive is coordinated, you will be assigned a key worker within the team who you can contact if you have any questions.
- › You will be expected to make your own transport arrangements to appointments. If you have difficulty arranging this, please speak with your key worker.



What to bring

- › all aids (e.g. walking, hearing, reading glasses and splints)
- › any home exercise programs
- › current medication list
- › Medicare/Concession cards

Community Rehabilitation Team

The Community Rehabilitation service is provided by a multidisciplinary team comprised of:

Clinic Clerk

- › appointment enquiries – (08) 9416 3762

Clinical Psychologist

- › assesses the needs/abilities and behaviour of individuals
- › devises and monitors treatment programs including therapy, counselling or advice/support